

CLASS SCHEDULE

MON

TUES

WED

THURS

FRI

SAT

6:00 - 6:45A
**COMBAT
CARDIO**

11:15A - 12P
**ALL KM
LVLS**

4:30 - 5:00P
**LII DRAGONS
CLASS**

5:15 - 6:00P
**YOUTH/ TEEN
CLASS**

6:15 - 7:00P
**LEVELS
Intro, 1, 2, 3**

7:15 - 8:00P
**ADV LEVELS
4, 5, 6**

6:00 - 6:45A
**COMBAT
CARDIO**

11:15A - 12P
**ALL KM
LVLS**

4:30 - 5:00P
**LII DRAGONS
CLASS**

5:15 - 6:00P
**YOUTH/ TEEN
CLASS**

6:15 - 7:00P
**LEVELS
Intro, 1, 2, 3**

7:15 - 8:00P
**ADV LEVELS
4, 5, 6**

9:15 - 10:00A
**ALL KM
LVLS**

CLASS DISCOUNTS
LAW ENFORCEMENT
FIRE DEPARTMENT
ACTIVE MILITARY

PRIVATE SESSIONS
ALSO AVAILABLE



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